

Women's Health – Menopause Support

Powder supplement with vitamins & plant extracts



Hormonal changes during menopause create specific nutrient needs. Our blend with MenoBalance premix (vitamins & plant extracts) and fibre supports hormonal balance, reduces fatigue and promotes vitality, gut health and overall well-being. Naturally sweet and refreshingly flavoured.

Benefits



Targeted support during menopause



Plant extracts like red clover and milk thistle



Fruit powder & botanical extract



Vitamin blend to support metabolism



Naturally sweet with stevia



Refreshing Yuzu Flavour

Product Data Sheet

Product name: FS Menopause Powder Lemon Yuzu

Article number: 150000541201

Article status: Development

Product Information

Product description:	Food supplement. Powder to mix with water. With premix SternVitamin MenoBalance (with vitamins and plant extracts). With sweetener. Lemon yuzu flavour.
Mandatory advice:	Do not exceed the stated recommended daily dose. Food supplements should not be used as a substitute for a varied diet. The product should be stored out of the reach of young children.
Preparation:	For one serving mix 10 g of powder with 150 ml water preferably using a whisk or a shaker.
Directions for use:	1 serving per day.
Storage conditions:	Store cool and dry in closed original packaging.
- Temperature:	< 20 °C
Shelf life:	in process
Packaging:	On request Filling level due to technical reasons.
Health/Nutrition claims: (acc. Reg. (EC) No 1924/2006)	Vitamin B6 contributes to the regulation of hormonal activity. Vitamin B6 contributes to the reduction of tiredness and fatigue. Vitamin B6 contributes to normal functioning of the nervous system. Thiamine contributes to normal functioning of the nervous system. Vitamin B12 contributes to normal functioning of the nervous system. Vitamin B12 contributes to the reduction of tiredness and fatigue. Pantothenic acid contributes to the reduction of tiredness and fatigue. Pantothenic acid contributes to normal synthesis and metabolism of steroid hormones, vitamin D and some neurotransmitters. Vitamin E contributes to the protection of cells from oxidative stress.

Foodstuff, suitable for human consumption.

This article is a development article. Changes in the specification may occur.

Specification

Used product forms:

Soluble corn fibre, acacia fibre, freeze dried apple juice powder, maltodextrin, natural flavouring, freeze dried yuzu juice powder, lemon juice powder, dried pomegranate extract, dried milk thistle seed extract, red clover extract, DL-alpha tocopheryl acetate, sweetener: enzymatically produced steviol glycosides, calcium D-pantothenate, pyridoxine hydrochloride, thiamine mononitrate, cyanocobalamin.

May contain traces of milk, egg, soy, gluten and lupins.

Sensory parameters

Criteria	Unit	Min	Max	Target value
Appearance				powder
Colour				beige
Odour				typical

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Taste

typical

Microbiology

Criteria	Unit	Min	Max	Target value
Total plate count	cfu/g		10000	
Yeasts and moulds	cfu/g		100	
Escherichia coli	cfu/g		10	
Enterobacteriaceae	cfu/g		100	

The microbiological parameters are guide values. We work with internal limit values that are based on the DGHM specifications.

Average nutritional values

		Per 100g
Energy value	kJ	874
Energy value	kcal	214
Fat	g	<0,5
- of which saturated fatty acids	g	<0,1
Carbohydrates	g	16
- of which sugars	g	3,6
Fibre	g	72
Protein	g	1,3
Salt	g	0,71

% NRV = Per cent of nutrient reference values

Serving size: 10 g powder with 150 ml water

For the nutrition declaration, the nomenclature for vitamins must comply with Reg. (EU) No 1169/2011 Annex XIII Part A.

For the nutrition declaration, further nutrients which are not listed in Reg. (EU) No. 1169/2011 Annex XV must be labelled separately from but in close proximity to the main nutrition declaration.

The specified extract value reflects the native extract content and is based on the average data provided by our suppliers.

The nutritional information according to Regulation (EU) No 1169/2011 is calculated by considering supplier and/or literature data of the ingredients.

Further Information

Target levels

		Per 100g	NRV (%)	Per portion	NRV (%)
Vitamin E (tocopherol)	mg	120	1000	12	100
Thiamine	mg	11	1000	1,1	100
Vitamin B6 (pyridoxine)	mg	14	1000	1,4	100
Vitamin B12 (cyanocobalamin)	µg	25	1000	2,5	100
Pantothenic acid	mg	60	1000	6	100
Pomegranate extract	mg	700		70	
Milk thistle extract	mg	500		50	

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