

Complete Nutrition Shake

All-in-One Product for Daily Convenience



Meal replacement shake

A balanced all-in-one meal solution providing all essential macro- and micronutrients your body needs. Smooth, creamy, and naturally flavored – the convenient choice for balanced nutrition in seconds, anytime and anywhere.

Benefits

-  Balanced nutrition profile
-  Quick & convenient
-  Source of fiber & protein
-  No added sugar, artificial flavors or colors
-  Easy to digest
-  Delicious vanilla taste

Product Data Sheet

Product name: MRP Shake Vanilla 500g

Article number: 1500001755V0001

Article status: Production

Product Information

Product description:	Meal replacement for weight control. Powder for the preparation of a shake. With sweetener. Vanilla flavour.
Mandatory advice:	This product is useful for the intended use only as part of an energy-restricted diet and other foodstuffs should be a necessary part of such diet It is important to have an adequate daily fluid intake (water, unsweetened herbal teas). A varied and balanced diet is recommended.
Preparation:	For one serving mix 25 g of powder with 250 ml semi-skimmed milk preferably using a whisk or a shaker.
Directions for use:	Replace 1 - 2 main daily meals with one shake each.
Storage conditions:	Store cool and dry in closed original packaging.
- Temperature:	< 20 °C
Shelf life:	24 Months
Packaging:	Composite can in cardboard box, 6 x 500 g net Filling level due to technical reasons.
Health/Nutrition claims: (acc. Reg. (EC) No 1924/2006)	Substituting one daily meal of an energy restricted diet with a meal replacement contributes to the main tenance of weight after weight loss. Substituting two daily meals of an energy restricted diet with meal replacements contributes to weight loss.

Foodstuff, suitable for human consumption.

Specification

Ingredients:

Soy protein 30 %, **milk proteins**, maltodextrin, **soy oil**, **skimmed milk yoghurt powder 5 %**, emulsifiers: lecithins (**soy**), flavouring, thickeners: guar gum, xanthan gum, magnesium carbonate, dipotassium phosphate, magnesium hydroxide, anti-caking agent: silicon dioxide, potassium carbonate, sweetener: steviol glycosides from stevia, ascorbic acid, sodium chloride, ferric(III) pyrophosphate, DL-alpha tocopheryl acetate, nicotinamide, antioxidants: alpha-tocopherol, fatty acid esters of ascorbic acid, zinc oxide, manganese sulphate, calcium D-pantothenate, cupric carbonate, pyridoxine hydrochloride, thiamine mononitrate, colour: beta-carotene, retinyl acetate, riboflavin, folic acid, sodium selenite, potassium iodide, phylloquinone, biotin, cholecalciferol.

Sensory parameters

Criteria	Unit	Min	Max	Target value
Appearance				powder
Colour				beige
Odour				typical
Taste				typical

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 Amtsgericht Kiel HRA 8788 KI
 Komplementärin
 SternLife Verwaltungsgesellschaft mbH
 Amtsgericht Kiel HRB 16157 KI
 Geschäftsführer Florian Bayerlein, Torsten Wywiol

 Hamburg Commercial Bank AG, Hamburg
 BLZ 210 500 00
 Konto 738 039 000
 BIC: HSHNDE33HAN
 IBAN: DE11 2105 0000 0738 0390 00

Microbiology

Criteria	Unit	Min	Max	Target value
Total plate count	cfu/g		10000	
Yeasts and moulds	cfu/g		100	
Escherichia coli	cfu/g		10	
Enterobacteriaceae	cfu/g		100	

The microbiological parameters are guide values. We work with internal limit values that are based on the DGHM specifications.

Average nutritional values

		Per 100g	NRV (%)
Energy value	kJ	1669	
Energy value	kcal	396	
Fat	g	9,6	
- of which saturated fatty acids	g	1,7	
- of which mono-unsaturated fatty acids	g	1,8	
- of which polyunsaturated fatty acids	g	4,8	
Carbohydrates	g	27	
- of which sugars	g	4,3	
Fibre	g	1,1	
Protein	g	50	
Salt	g	1,2	
Vitamin A (retinol)	µg	860	108
Vitamin D3 (cholecalciferol)	µg	6	120
Vitamin E (tocopherol)	mg	16	133
Vitamin K1 (Phylloquinone)	µg	100	133
Vitamin C (Ascorbic acid)	mg	90	113
Thiamine	mg	1,2	109
Vitamin B2 (riboflavin)	mg	0,5	36
Niacin	mg	21	131
Vitamin B6 (pyridoxine)	mg	1,6	114
Folic acid	µg	240	120
Vitamin B12 (cyanocobalamin)	µg	1	40
Biotin	µg	35	70
Pantothenic acid	mg	4,5	75
Potassium	mg	530	27
Calcium	mg	480	60
Phosphorus	mg	680	97
Magnesium	mg	380	101
Iron	mg	20	143
Zinc	mg	9	90
Copper	mg	1,3	130

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Manganese	mg	2,7	135
Selenium	µg	80	145
Iodine	µg	160	107

% NRV = Per cent of nutrient reference values

Serving size: 25 g powder with 250 ml semi-skimmed milk (1.5 % fat)

For the nutrition declaration, the nomenclature for vitamins must comply with Reg. (EU) No 1169/2011 Annex XIII Part A.

The nutritional information according to Regulation (EU) No 1169/2011 is calculated by considering supplier and/or literature data of the ingredients.

Further Information

Allergens

Contains	Yes (+) / No (-)
Cereals containing gluten and products thereof	-
- Wheat (such as spelt and khorasan wheat)	-
- Rye	-
- Barley	-
- Oat	-
Crustaceans and products thereof	-
Eggs and products thereof	-
Fish and products thereof	-
Peanuts and products thereof	-
Soybeans and products thereof	+
Milk and products thereof (including lactose)	+
Nuts and products thereof	-
- Almonds	-
- Hazelnuts	-
- Walnuts	-
- Cashew nuts	-
- Pecan nuts	-
- Brazil nuts	-
- Pistachios	-
- Macadamia nuts	-
Celery and products thereof	-
Mustard and products thereof	-
Sesame seeds and products thereof	-
Sulphur dioxide and sulphites >10mg/kg	-
Lupin and products thereof	-
Molluscs and products thereof	-

The above allergen list refers to ingredients contained in accordance with Annex II of Regulation (EU) No. 1169/2011.

Suitability data

	Yes	No
Vegetarian	X	
Vegan		X

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Compliance

We confirm that the packaging materials for our products (if applicable) complies with the requirements of the Regulation (EC) No 1935/2004, Regulation (EC) No 2023/2006 and Regulation (EC) No 10/2011.

The article has not been treated with ionising radiation within the meaning of Directives 1999/2/EC and 1999/3/EC.

This article does not contain any ingredients that must be labelled as "nano" in accordance with the requirements of Regulation (EU) No. 1169/2011.

The article does not contain any ingredients that contain or are produced from GMOs, in accordance with the requirements of Regulations (EC) No. 1829/2003 and 1830/2003.

Disclaimer

It is the responsibility of the user to check the products for their suitability for the intended use and for all legal requirements, including food law admissibility, before use. This version of the specification replaces all previous versions. This specification was created electronically and is valid without signature.

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MRP Shake Vanilla

1500001755V0001

Average nutritional values

	Per 100 g	Per Serving**
Energy	1669 kJ 396 kcal	921 kJ 219 kcal
Fat	9,6 g	6,4 g
of which		
saturated fatty acids	1,7 g	2,7 g
polyunsaturated fatty acids	4,8 g	1,3 g
Carbohydrates	27 g	19 g
of which		
sugars	4,3 g	13 g
Fibre	1,1 g	0,3 g
Protein	50 g	21 g
Salt	1,2 g	0,6 g

	Per 100 g	%NRV*	Per Serving**	%NRV*
Vitamin A	860 µg	108	248 µg	31
Vitamin D	6,0 µg	120	1,6 µg	32
Vitamin K	100 µg	133	30 µg	40
Vitamin E	16 mg	133	4,1 mg	34
Vitamin C	90 mg	113	27 mg	33
Thiamin	1,2 mg	109	0,39 mg	36
Riboflavin	0,5 mg	36	0,6 mg	41
Niacin	21 mg	131	5,5 mg	34
Vitamin B6	1,6 mg	114	0,52 mg	37
Folic Acid	240 µg	120	71,3 µg	36
Vitamin B12	1,0 µg	40	1,3 µg	52
Biotin	35 µg	70	17,5 µg	35
Pantothenic Acid	4,5 mg	75	2,0 mg	33
Calcium	480 mg	60	415 mg	52
Phosphorus	680 mg	97	398 mg	57
Iron	20 mg	143	5,1 mg	37
Magnesium	380 mg	101	125 mg	33
Zinc	9,0 mg	90	3,2 mg	32
Iodine	160 µg	107	48 µg	32
Potassium	530 mg	27	520 mg	26
Copper	1,3 mg	130	0,35 mg	35
Manganese	2,7 mg	135	0,68 mg	34
Selenium	80 µg	145	20 µg	36

* Nutrient Reference Values

** Serving Size: 25 g powder in 250 ml semi-skimmed milk (1,5% fat)

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Geschäftssitz Norderstedt
Amtsgericht Kiel: HRA 8788 KI
Komplementärin: SternLife Verwaltungsges. mbH
Amtsgericht Kiel: HRB 16157 KI
Geschäftsführer: Florian Bayerlein

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